



Advisory Circle



Welcome!

"We are what we
pretend to be,
so we must be careful
about what
we pretend to be."



Circle Basics

Each round of the circle allows every member to have the chance to respond to the prompt posed

Only one person should be talking at any given time. Everyone else is actively listening

What is *shared* in the circle stays in the circle.
What is *learned* in the circle follows us

Every member can pass. You cannot be compelled to speak

Our Advisory Norms

- **Speak from the heart** - Speak honestly and spontaneously. Trust that what you have to say is good enough.
- **Seek first to understand, then to be understood** - We are building a community. We do that by listening without judgement.
- **Say just enough** - Make yourself understood, but respect that everyone deserves the chance to share.
- **What is said in the circle stays in the circle** - Yes, it's important enough to say twice.
- **Laugh with, not at** - Vulnerability is key in a circle. There is no room for shame or embarrassment.

Fifteen Seconds!!!!

Use the chat bar to share what you think:

Look around the room you're in right now. . . how many RED objects can you see?



Check - In (*Pick One!*):

- What was your high and your low from the first full week of classes?
- Which went better this week: school or your personal life? Explain.
- What would have been different about your week if you were *extremely lucky*, or *extremely unlucky*?

Circle Prompt

#1:

Do you consider yourself an *authentic* person? What's the difference between someone who's real and someone who's fake?



Circle Prompt #2:

Imagine you're a famous actor. If you needed to act happy, what would you think about? How about if you needed to act sad?

